

PSYCHOLOGY
(specialty 19.00.01)

Popova V.V. Research of controlling behaviour from the viewpoint of integral individuality study

One of the topical directions of researches in the field of psychology is phenomenon consideration coping behavior of the person in difficult, stressful situations which consider the realized, purposeful human action aimed at reducing the stress caused by the given situation. Modern development of psychological knowledge by necessary image leads to system, interdisciplinary research of psychological phenomena. The possible principles of the organization of research coping behavior as complete system of reaction of the person on difficult, stressful situations is the methodological principle of construction of the theory of integrated individuality, individuality consideration as a self-organizing and self-developing system of connections between the properties of one level and connections, indirect – between the properties at different levels (biochemical, physiological, psychodynamic, psychological, social and psychological).

Key words: coping behavior, coping, stress, coping strategies of behavior, a systematic approach, to cope intelligence, style, self-control, integrated personality.

Perm state

pedagogical university

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