

PSYCHOLOGY
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Kamneva O.A. Role of animal therapy in the decrease of the level of anxiety of children with CCP diagnosis

This article deals with some results of influence on the children with a cerebral paralysis of boarding school № 6, so called a school of the seventh kind. The study is connected with a comparison of efficiency of use ippo - and canistherapy on decreasing of the level of uneasiness of children attending this school. So some control and experimental groups were allocated and the contribution of animal therapy influencing the decrease of the level of uneasiness was defined. It is shown some positive correlation between situational uneasiness (C.Spielberg - J.Hanin), alarm in a situation of self-expression and alarm connected with an estimation of associates (technique - a Multidimensional Estimation of Children's Uneasiness - MECU) in a course of animal therapy influence. It is established some positive correlation between scale of MECU «the alarm arising in a situation of self-expression with an indicator of level uneasiness» on a Method of Color Elections NCE (L.N. Sobchik) on presence and intensity of emotional intensity. As the result it is observed a tendency to positive correlation between a scale «the General uneasiness» (MECU) and personal uneasiness of subjects. The author comes to a conclusion that animal therapy reduces the level of uneasiness of children with CCP and raises their adaptive possibilities.

Keywords: animal therapy, uneasiness, emotional sphere, adaptation, CCP.

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