

PEDAGOGY
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Health is an important component of an active full life. The aim of the school is to teach children not only improve health but also create conditions for the formation of readiness to do so throughout adult life. In the context of the research commitment to health promotion is understood as an integrative quality of the individual, motivated by the ability to assess the possibilities and results of own health promotion activities based on the generated knowledge and skills. This article presents a method of implementing pedagogical conditions to form a willingness to improve the health of adolescents in the educational process of school. Using the proposed method allows to generate the need for students in a healthy way, excellent and good knowledge of the basic concepts of health, build skills of students to promote health, improve the readiness of students included in the action to promote health, develop skills to justify their actions to promote health.

Keywords: health, health promotion, formation of readiness.

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