

## **SOCIAL SCIENCE**

**(specialty 22.00.01)**

### ***Shekin G.Yu. Resort zone as a precondition of city development (on the example of Volgograd)***

Health as a main resource of the human being. Complete rest as an integral part of the healthy life-style. Increased demand on traveling for health. Perspectives of development of resort areas. Visiting resort as a means of physical rehabilitation. Resort areas abroad and perspective center of medical and health tourism. Vast tourist resources of Russia. Krasnodar area – the hugest tourist area in Russia. Negative factors, banefully influencing the development of domestic regional resort areas. Perspectives of resorts' development in Russia. Volgograd – the largest and most significant city of the South Federal Object. Statistics of increase of internal tourist stream into Volgograd. The main medical and healthy potential of the city, furthering the development of the medical tourism. Recommendations, improving the positive image of the city. Natural potential of the area, allowing to treat various diseases.

Key words: health resort, city, health, Russian health-resorts, sanatorium «Volgograd».

***Volgograd state***

***medical university, Volgograd, Russia***

***June, 16, 2013***

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