PSYCHOLOGY

(specialty 19.00.01)

Matveeva T.M. Psychological aspects of psychological readiness formation for marriage of modern youth

In the present article the main psychological aspects and components of formation of psychological readiness for marriage of youth are considered. The aim of the article is to identify the characteristics of motivation and psychological readiness for the marriage partnership. The main results of scientific research are expressed in the following: the views of domestic and foreign researchers on the problem of social and psychological support of young people to the marriage partnership are generalized and systematized. Individually-typological characteristics of young people impeding their psychological readiness for marriage are identified and disclosed the factors of social and psychological adjustment of young people. The criteria and assessment of the effectiveness of programs of social and psychological support to the marriage partnership readiness of young people are stated and the recommendations for the effective use of these programs its components, steps and guidelines are offered.

Key words: problem of readiness for marriage, readiness for family life.

Russian state

social university, Anapa, Russia

November, 9, 2013