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## **ROLE OF COGNITIVE-DEVELOPING TOURISM IN THE PROCESS OF MEDICAL STUDENTS' SOCIALIZATION**

**[Шановал Г.Н. Роль познавательно-развивающего туризма  
в процессе социализации студентов-медиков]**

The author studies cognitive-developing tourism and its role in the process of socialization of medical students. Special attention is given to the issue of supporting and creating of conditions for developing of volunteering stated in the Strategy of National Security and State program on patriotic education in 2016-2020 as a guideline in the process of civil-patriotic education of students.

**Key words:** volunteering, socialization, socio-cultural patterns, patriotism, mercy, excursion, spiritual ties, adaptation.

On December, 3, 2015 the President of Russia Vladimir Putin addressed the Federal Assembly with an annual state-of-the-nation address where he emphasized the fact that Russia's power is in free developing of all its nations, in the variety and harmony of cultures, languages and traditions, in mutual respect, a dialogue of orthodox Christians, the Muslims, Buddhists, and Judaists.

A spiritual unity of people in its base has a unified system of moral guiding lines and it contributes to consolidation of the society and fastens the solution of large-scale national tasks. Spiritual ties are historic markers and socio-cultural patterns centered to mentality and spiritual-moral potential of people. Being clustered, they give a particular algorithm of life and activity of people united with the epoch, culture, religion and ideology. In the field of peoples' spiritual revival we must enable the following spiritual ties: 1) love for a family, the nature, neighboring people, a home town – the base for patriotism 2) mercy, compassion – the base for mutual assistance 3) striving for sciences, creativity, diligence – the

base for serving people 4) sincerity, persistence, justice – the base for legal awareness [1].

In the process of young people's education it is important to form perception of the integral worldview and determination of their role in it. It is possible due to accepting some active stand in life by the individual: 1) a connoisseur of beauty 2) an admirer of forefathers' traditions 3) a creator of his own life 4) a creator of the society's amenities 5) a researcher of biosphere and space 6) a deliverer of death, diseases and sorrow 7) a keeper of life on the earth.

The aim of the all-round development of a student's personality can be achieved due to planning and conducting some systematic work on patriotic and moral-spiritual education of the youth at curricular and extracurricular work [2].

In the Strategy of State Security, signed by the President Vladimir Putin on the 31<sup>st</sup> of December, 2015 [3] revival of mercy is brought into focus that is possible due to popularization of the ideas of professional volunteering which is an effective tool of the civil-patriotic education of the student body. Creating of the conditions for developing of volunteering includes formation of an active life stand, a feeling of participation with the processes, taking place in the country, history and culture of Russia by means of including the students into volunteering [6]. It also includes developing of the system of interconnection between volunteer organizations, other social institutions and non-commercial organizations, governmental agencies and executive bodies; introducing of unified regulations for volunteer organizations into state and municipal organizations' activity.

A specially organized cognitive-developing tourism in an educative establishment must be aimed at popularization of a healthy life style, working out value determinants of future scientists, achieving of a high level of legal awareness and civil activity [7], overcoming of ignorance [3: 4] and corruption manifestations of a personality.

Within the limits of extracurricular activities the greatest effect belongs to outer events, for instance, sightseeing tours, Local Lore museums visiting, when the students feel at ease. Such tours are of great importance not only in the way of activation of cognitive activity of students but they also play an important role in mastering social-cultural patterns, thus contributing to early socialization. The best decision, combining the ideas of volunteering and cognitive tourism could be working out the excursion prepared and conducted by students for their fellow-

students especially for those ones who have come here from other regions and republics in order to study in our city. So, for example, during the Local Lore Museum excursion the students, who have come from other places, can learn that the Don territory has been famous for numerous peoples and tribes living on both banks of the river Don from times immemorial and nowadays more than 100 nationalities settle on its territory. So for a student from Kalmykia understanding of his personal involvement into a multinational structure of the Don region contributes to his easy socio-cultural adaptation. In general students are interested to learn about the Don Region culture, especially about the Cossack movement, customs, traditions and attitude to religion and history, they like the idea to join visiting the museums, theatres, different events dedicated to international friendship. In the State Program of Patriotic Education the President of Russia emphasized the necessity of popularization of heroes and outstanding people's feats, so working out of presentations with further conducting of some event, for example, a tour along Rostov's streets named after heroes of the Great Patriotic War either within the frames of charity events, annually conducted by Rostov State Medical University volunteers, or by students themselves for their fellow students could be one of the ways to bring the State Program of Patriotic Education from 2016-2020 to life.

Speaking about foreign students, we can say that apart from outer events a great role in their every day practice is given to country-specific texts that give foreign students the necessary information about peculiarities of cultural life in Russia, values of the Russian society, traditions, socio-cultural patterns of behavior and peculiarities of interpersonal relations, which allow foreign students to build their behavior in a new society according to generally accepted rules.

Focusing our attention on foreign students' adaptation we should say that it is a topical pedagogical issue, specified with socio-cultural and pedagogical-psychological peculiarities of foreign students. Adaptation is a complex process of changing personality's structure, its incorporation into a new society. I. Surygin characterizes these adaptation processes as complicated ones. The idea of social adaptation of foreigners, who are living in Russia, consists in the possibility to keep and maintain their habitual lifestyle in case it doesn't contradict with the existing one; not in assimilation but in adoption of foreign culture, respect to other traditions, values and norms.

Cultural-educational space is the area influencing adaptation processes which have direct correlation with educational success of foreign students [8]. That means that organization of personal developing cultural-educational space becomes a pedagogical condition of intensification of foreign students' training. It consists of the following points: 1) activation of a foreign student's personal stand in the educational process 2) informational and ethno-cultural ensuring of personality interaction 3) appropriate use of national peculiarities in the conditions of vital activity. 4) orientation to a fully-fledged language dialogue in leisure time sphere.

It's evident that none of the enumerated points can deal without an active participation of a teacher as a re-translator of cultural and social norms in a different environment. A teacher as a mediator in the process of students' adaptation faces a task not only to provide foreign students with a wide, integrated and critical view on the present day world of knowledge and information and its potential for intellectual and professional growth of a specialist, but also to help a student in his quickest adaptation to a new socio-cultural environment. The first months of staying in Russia are very important for a foreign student because they are closely connected with his first acquaintance of the Russian culture, the first attempts to speak Russian and the first difficulties of cross-cultural dialogues. That's the teacher, whose role can hardly be underestimated, who serves as a bearer of all human and professional values for a foreign student. We should also note that a language serves as the powerful uniting means in the process of socio-cultural adaptation of foreign students to the Russian reality, that's why developing of foreign students' communicative competence should be realized in the conditions of interconnection of educational components of professional and socio-cultural directions both in classes and at free work.

The educational establishment's authorities and every particular teacher face a serious task – to give such kind of the information about Russia that would allow a student to feel at ease in a new language and cultural environment, to make easy contacts with representatives of a different nation.

We should also note that teachers are the main agents of foreign students' adaptation in higher educational establishments, being at the same time bearers of professional values and representatives of the culture, including a linguistic one. The efficiency of fulfillment of their role is first of all conditioned with the agents'

professionalism, that is a problem by itself, because in practice one can often deal with the situation, when experienced teachers with a long record of service don't want to change their teaching style while inexperienced teachers don't know how to find their way to students' hearts. Besides, a great flow of information about new technologies, new means and methods of education can lead to the lack of systemacy, clear directions of pedagogical activity.

In the conclusion we'd like to note that the system of higher medical education is oriented to working out the doctor's mentality in Russian and foreign students. Efficiency of reproducing general and professional competences greatly depends on maintenance of a high level of educational motivation in the process of a medical student's socialization and the role of a teacher in the process of retransmission of cultural and social norms.

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