PEDAGOGY

Peter A. Ponomarev, Andrey M. Rudenko, Irina A. Tischenko

(Don state technical university. Rostov-on-Don, Russian Federation; South-Russian polytechnic institute (NPI) of M. Platov. Shakhty, Russian Federation)

Correction of psycho-emotional states of people with disabilities through art therapy

The article examines the role of art-therapeutic technologies in the process of psychological support for people with disabilities. It is shown the ways and methods of formation of art-therapeutic culture of people with disabilities, and its role in the development of skills for prevention and self-correction of negative emotional state of the organism, the efficiency of the use of art therapy to eliminate negative conditions. Special attention is paid to consideration of the impact of art-therapy and phototherapy at optimizing the emotional state of people with disabilities.

<u>Key words</u>: art therapy, people with disabilities, psychological support, psychological correction, social adaptation, art-therapy, phototherapy.

April, 3, 2017