

PHILOSOPHY

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Experience as a prerequisite and a result of personal growth

The phenomenon of personal growth is considered. The interpretation is presented in the framework of Maslow-Rogers humanistic psychology, it is considered the criteria for personal growth. The context of consideration of personal growth in its ratio with the experience of a person is proposed. The anthropological prerequisites for the accumulation of experience are shown, its ability to replace instincts, to condition personal growth, as well changes occurring in a person on the way to maturity, its full realization. The identification of the anthropological prerequisites for the formation of experience made it possible to determine its essential characteristic, to consider experience as a way for a person to exit the animal world, to preserve one's personal identity, and as a result, experience is both a prerequisite for personal growth and its result. Effective implementation of personal growth is due to the level of gaining experience by a person, which determines the possibility of achieving a proper degree of independence by a person in the way of his spiritual and moral transformation. Understanding the relationship between the experience of a person and his personal growth, understanding of their interdependence, stimulate not only the development of new educational technologies, but also aim the person to actively and independently responsibly reveal the capabilities.

Key words: person, personality, personal growth, experience, spiritual instinct, faith, clever doing.

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