

PHILOSOPHY

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The phenomenon of happiness in patristic anthropology

Within the framework of patristic anthropology, a solution to the problem of the relationship to happiness is proposed. At the same time, the attitude to this phenomenon is considered within the framework of a dilemma: joy and happiness on the one hand, and pleasure as a sensual pleasure on the other. The Holy Fathers indicated the spiritual vector of development: to become the image and likeness of God, to gain freedom, the ability of creativity, creativity, courage, love, that is, to find something that helps a person in striving for wholeness. A person who is determined to create the image of God in himself is a happy person.

Key words: Patristic anthropology, spiritual joy, true happiness, enjoyment, sensual pleasure.

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